



Catholic Virtue of the Month

June - Integrity

A virtue is the power or attitude to do good.

A Christian virtue is based on the message of Jesus, leading us to become more like God. Virtues are many, but all our virtues are rooted in the seven traditional virtues.

We celebrate a different virtue each month that resonates both with our Catholic tradition and with the Municipality of York's character attributes.

In June we reflect on the virtue of Integrity.

This month, YCDSB is focusing on the virtue of integrity, living with sincerity and wholeness in all we do, as faithful followers of Jesus.

Integrity calls us to be consistent in our thoughts, words and actions, especially when facing new challenges, feeling stressed or engaging on social media.

Let us be inspired by the lives of St. Kateri Tekakwitha and St. Thomas More, who showed what it means to stand firm in faith and truth.

Let's all challenge ourselves to practice integrity each day, living honestly, loving deeply and reflecting Christ in every moment.

#YCDSBVirtueOfTheMonth #Integrity #LiveWithPurpose #CatholicEducation #FaithInAction
#SaintlyExamples

PRAYER FOR INTEGRITY

God of all that is good,
Help us to be the people you call us to be.
Guide us to love honestly and to speak and act in ways that are sincere and just.
We ask this through Christ our Lord. Amen.